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Welcome to Father Vlad's Newsletter!

*I will be glad to stay in touch with you for updates and special seasonal messages, but if you prefer not to receive these messages, please unsubscribe below.
Thank you.*

www.fathervlad.com

Newsletter nr 58 - 7th September 2025 Twenty-third Sunday in Ordinary Time

As my years on this planet have increased, my gratitude to God has accelerated.

Reflecting on the graces I have received – and every day is a grace – my life has become a Eucharist: a thanksgiving.

Ask yourself, “when did I last thank God for the gifts I received – and still have - across my PIES: the physical, intellectual, emotional and spiritual dimensions of my life?”

Recently, I heard how one young man’s life was changed when, in the evening, he started to make a list of three things for which on that day he was grateful. “I started to look at and value my life” he said. From ‘an angry young man’ he became a joy to be with.

Gratitude generates increased happiness, improved mental and physical health, stronger relationships, and resilience.

As on this past August 31st, I celebrated the 56th anniversary of my ordination to the priesthood, I am immensely grateful to God for not only the ordination but the subsequent wonderful years of my varied ministries. My life has been showered with many graces and blessings.

So, “thank you, beloved God. I aim to keep on keeping on as long as You want me to stay on my Journey to Eternity.”

Father Vlad

Father Vlad's Blog

Please visit [Father Vlad Blog](#) for latest homilies, messages and musings.

Recent Blogs:

06/09/2025 [Health. Staying young, mentally and physically, at an old age.](#)

31/08/2025 [Twenty-second Sunday in Ordinary Time](#)

24/08/2025 [Twenty-first Sunday in Ordinary Time](#)

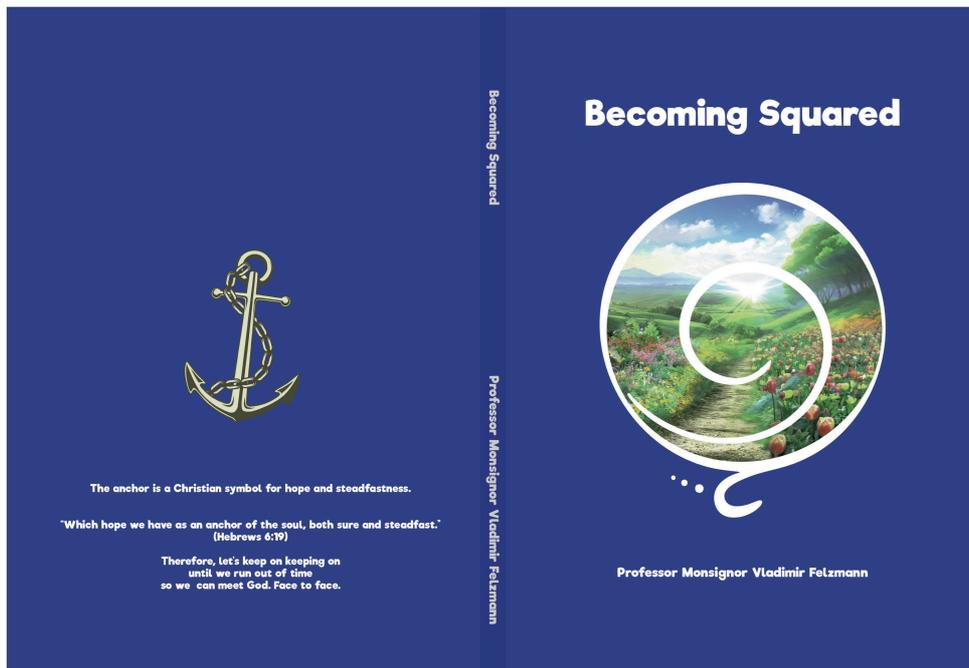
17/08/2025 [Twentieth Sunday in Ordinary Time](#)

10/08/2025 [Nineteenth Sunday in Ordinary Time](#)

28/07/2025 [Monday 28th July at Whilton](#)

Becoming Squared, the latest book by Msgr. Vladimir Felzmann is available!

click on the image below for PDF download



Dementia Carers Support – getting to know the facts – and helping

The latest initiative by Father Vlad, in support of Dementia sufferers. Please read the following article, and email Father Vlad with any ideas, comments, suggestions or to get involved.

[Dementia Carers Support – getting to know the facts – and helping](#)

Please email your suggestions to vladimirfelzmann@rcdow.org.uk



The Universe Catholic Weekly has ceased its publication. However, the entire collection of Father Vlad's articles is still available on his [website](#). Father Vlad will continue writing his articles on sport & life, for his [website](#) and newsletter. For the entire collection of Universe Catholic Weekly articles, please click [here](#).

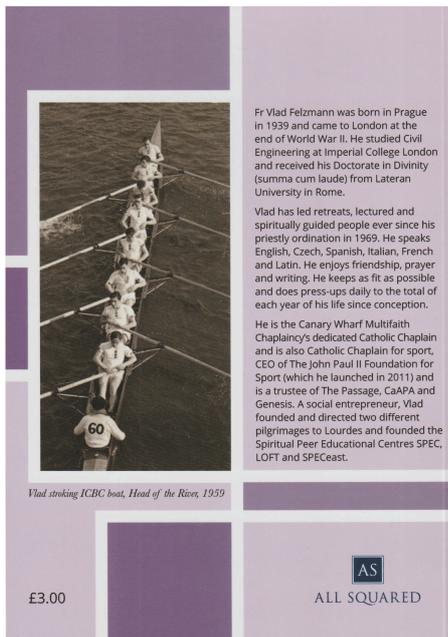
A Journey to Eternity

All, three parts of my memories “A Journey to Eternity” are now available. If you are interested, just email me at

Vladimirfelzmann@rcdow.org.uk or msgr.vladimir.felzmann@gmail.com

and copies will be on their way to you, they put some flesh on what there is in my Biography.

(click on the images to download a free pdf version)



A Journey to Eternity
The early years: 1939-59

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from Lateran University in Rome.

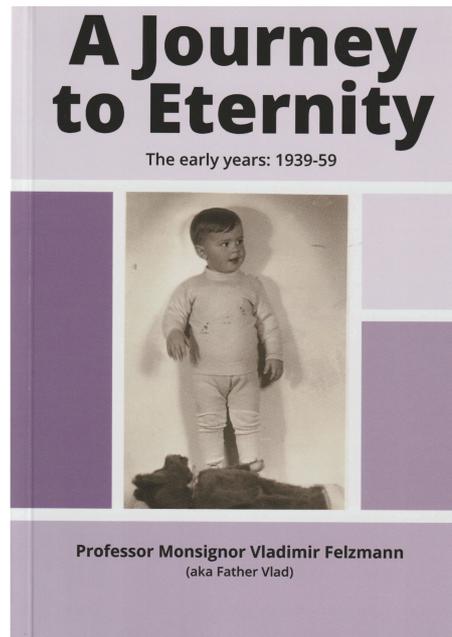
Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, Spanish, Italian, French and Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups daily to the total of each year of his life since conception.

He is the Canary Wharf Multifaith Chaplaincy's dedicated Catholic Chaplain and is also Catholic Chaplain for sport, CEO of The John Paul II Foundation for Sport (which he launched in 2011) and is a trustee of The Passage, CaAPA and Genesis. A social entrepreneur, Vlad founded and directed two different pilgrimages to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.

Vlad stroking ICBC boat, Head of the River, 1959

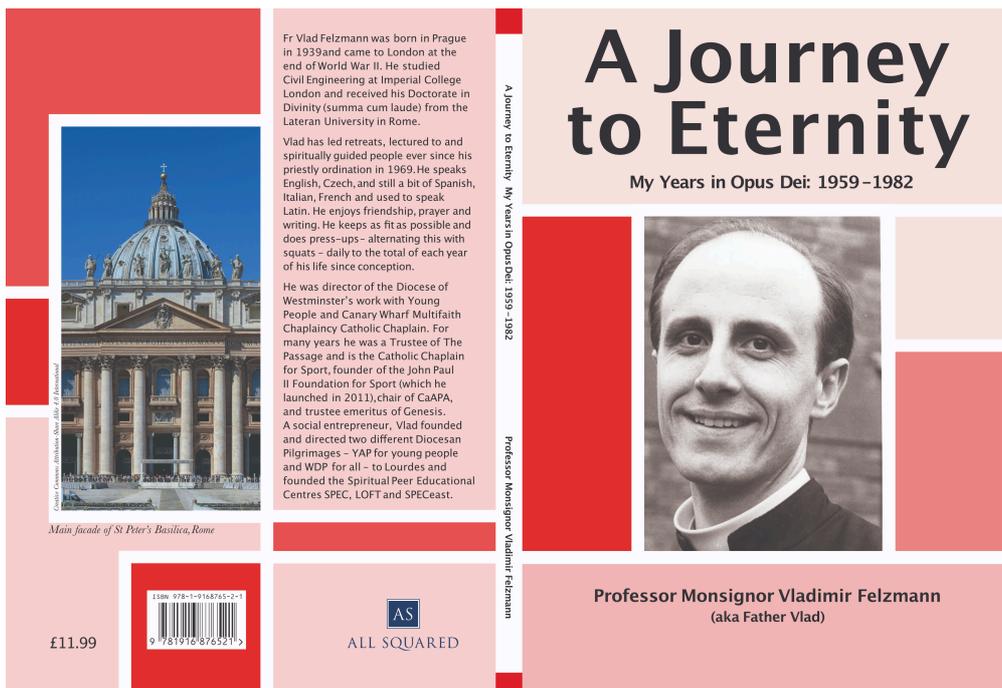
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A Journey to Eternity
My Years in Opus Dei: 1959-1982

Professor Monsignor Vladimir Felzmann (aka Father Vlad)



A Journey to Eternity
My Years in Opus Dei: 1959-1982

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from the Lateran University in Rome.

Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, and still a bit of Spanish, Italian, French and used to speak Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups - alternating this with squats - daily to the total of each year of his life since conception.

He was director of the Diocese of Westminster's work with Young People and Canary Wharf Multifaith Chaplaincy Catholic Chaplain. For many years he was a Trustee of The Passage and is the Catholic Chaplain for Sport, founder of the John Paul II Foundation for Sport (which he launched in 2011), chair of CaAPA, and trustee emeritus of Genesis. A social entrepreneur, Vlad founded and directed two different Diocesan Pilgrimages - YAP for young people and WDP for all - to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.

Main facade of St Peter's Basilica, Rome

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AS ALL SQUARED

Professor Monsignor Vladimir Felzmann (aka Father Vlad)



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AS
ALL SQUARED

£5.00

A Journey to Eternity

The Later Years: 1982 onwards; forever upwards



Professor Monsignor Vladimir Felzmann
(aka Father Vlad)



Don't forget to buy Father Vlad's book Life Squared!

As I approached my 80th birthday, I wanted to find out what I really thought about life. Writing this book has crystallised my experiences. I now know better what I have learned and what I think.

Now, that I'm coming to the end of my life, I have finally learned how to live. Time's slippage nudged me to act on my dream of passing what I have learned on to others.

Father Vlad

[download the introduction to Life Squared](#)

To buy your copy of the book (£12.95+pp) please contact Father Vlad at: msg.vladimir.felzmann@gmail.com or +44 (7810) 116 508

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