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Welcome to Father Vlad's Newsletter!

*I will be glad to stay in touch with you for updates and special seasonal messages, but if you prefer not to receive these messages, please unsubscribe below.
Thank you.*

www.fathervlad.com

Newsletter nr 68 - 18th January 2026 Second Sunday after Christmas

All humans are intelligent. However, across each of the seven types each person is somewhere across 1-10; ten being tops.

As we start a new year, why not take a look at yours and see if/how you can develop these 'thinking muscles'?

Take a look at your PIES, the physical, intellectual, emotional and spiritual dimensions of your life.

Your spatial intelligence. (Top snipers are very good on this)

Your naturalist intelligence: your understanding of nature and how to care for it.

Your logical/ mathematical intelligence (successful bankers score high here).

Your linguistic intelligence; poetry and speech writing come in here.

Your emotional intelligence; your ability to understand your own and the feeling of others.

Your organisational intelligence; including resonant leadership abilities. On the chessboard of life, see the black but concentrate on the what squares.

Your spiritual intelligence; which enables you to relate with SONG: your self, others, nature, and God.

This includes scepticism with media and politicians – and your own prejudices.. According to research carried out Pew, Ipsos and MORI, the average UK resident imagines that 15 % of its population is Muslim when the facts show the number is in fact 4.8%.

In the USA its far worse. The imaginary figure is 17%. The factual is 1%

To be honest, though my physical fitness is well above average for my 86 years, my ability to sing – or play any musical instrument - is less than even one!.

How about you?

2026 could be a good sport to keep you on your intellectual toes.

Father Vlad

Father Vlad's Blog

**Recent Blogs:**

16/01/2026 [Courage](#)

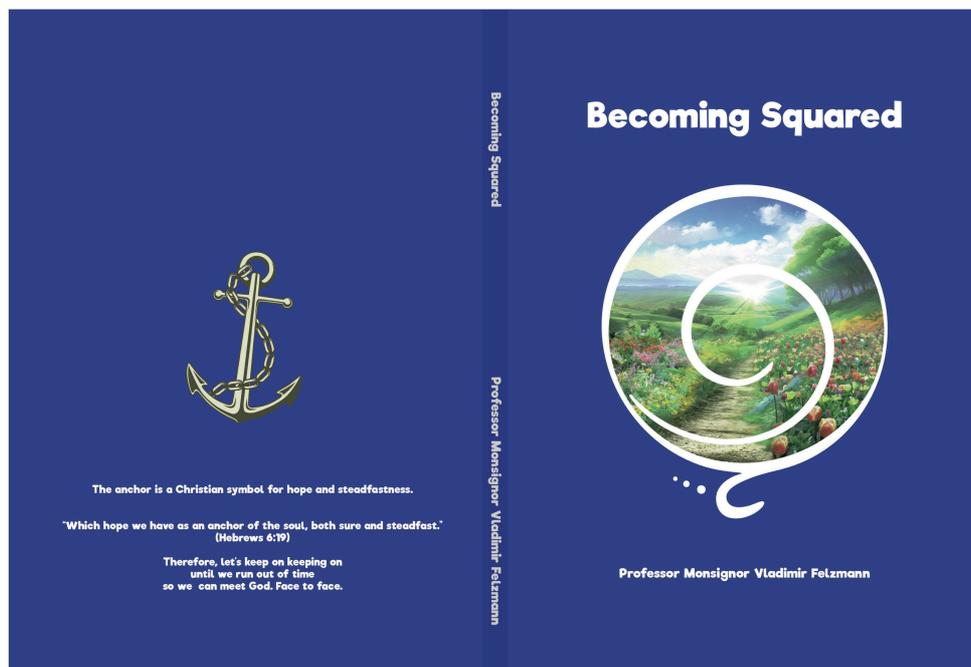
11/01/2026 [Baptism of The Lord](#)

05/01/2026 [The Epiphany of the Lord](#)

03/01/2026 [Second Sunday after Nativity](#)

Becoming Squared, the latest book by Msgr. Vladimir Felzmann is available!

click on the image below for PDF download



Dementia Carers Support – getting to know the facts – and helping

The latest initiative by Father Vlad, in support of Dementia sufferers. Please read the following article, and email Father Vlad with any ideas, comments, suggestions or to get involved.

[Dementia Carers Support – getting to know the facts – and helping](#)

Please email your suggestions to vladimirfelzmann@rcdow.org.uk

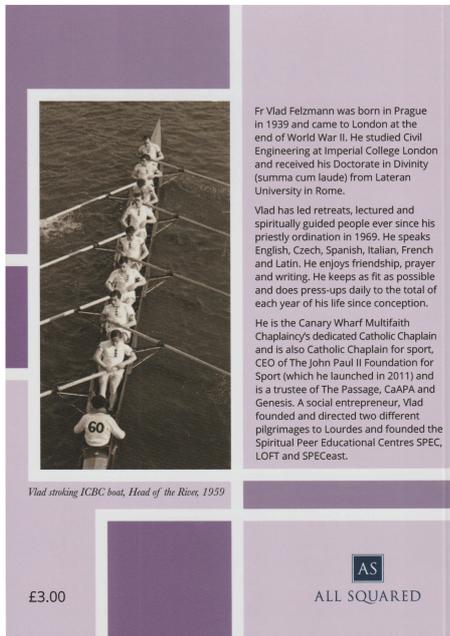


Father Vlad podcasts on **Radio Maria England** are available! Please follow this link to access all podcasts: [Father Vlad's Radio Maria podcasts](#)

A Journey to Eternity

All, three parts of my memories “A Journey to Eternity” are now available. If you are interested, just email me at Vladimirfelzmann@rcdow.org.uk or msgr.vladimir.felzmann@gmail.com and copies will be on their way to you, they put some flesh on what there is in my Biography.

(click on the images to download a free pdf version)



Vlad stroking CBCG boat, Head of the River, 1939

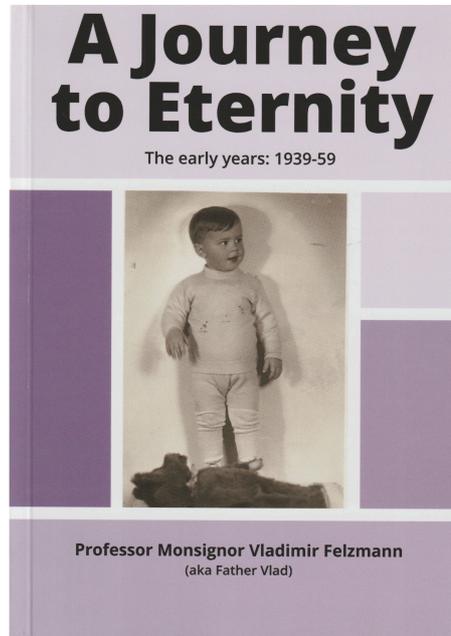
Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from Lateran University in Rome.

Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, Spanish, Italian, French and Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups daily to the total of each year of his life since conception.

He is the Canary Wharf Multi-faith Chaplaincy's dedicated Catholic Chaplain and is also Catholic Chaplain for sport, CEO of The John Paul II Foundation for Sport (which he launched in 2011) and is a trustee of The Passage, CaAPA and Genesis. A social entrepreneur, Vlad founded and directed two different pilgrimages to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.

AS ALL SQUARED

£3.00



A Journey to Eternity

The early years: 1939-59



Professor Monsignor Vladimir Felzmann (aka Father Vlad)



Main facade of St Peter's Basilica, Rome

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from the Lateran University in Rome.

Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, and still a bit of Spanish, Italian, French and used to speak Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups - alternating this with squats - daily to the total of each year of his life since conception.

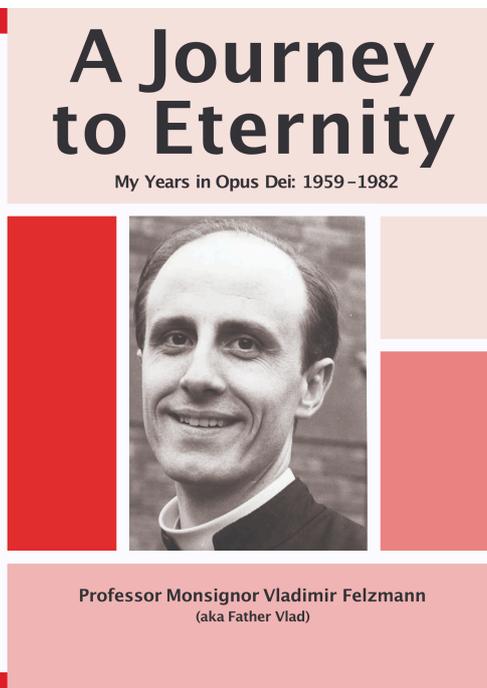
He was director of the Diocese of Westminster's work with Young People and Canary Wharf Multi-faith Chaplaincy Catholic Chaplain. For many years he was a Trustee of The Passage and is the Catholic Chaplain for Sport, founder of the John Paul II Foundation for Sport (which he launched in 2011), chair of CaAPA, and trustee emeritus of Genesis. A social entrepreneur, Vlad founded and directed two different Diocesan Pilgrimages - YAP for young people and WDP for all - to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.

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£11.99

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A Journey to Eternity

My Years in Opus Dei: 1959-1982



Professor Monsignor Vladimir Felzmann (aka Father Vlad)



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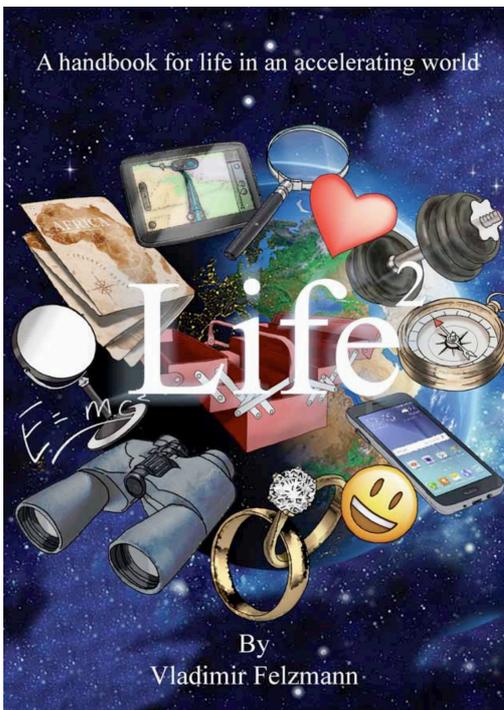
£5.00

A Journey to Eternity

The Later Years: 1982 onwards; forever upwards



Professor Monsignor Vladimir Felzmann
(aka Father Vlad)



Don't forget to buy Father Vlad's book Life Squared!

As I approached my 80th birthday, I wanted to find out what I really thought about life. Writing this book has crystallised my experiences. I now know better what I have learned and what I think.

Now, that I'm coming to the end of my life, I have finally learned how to live. Time's slippage nudged me to act on my dream of passing what I have learned on to others.

Father Vlad

[download the introduction to Life Squared](#)

To buy your copy of the book (£12.95+pp) please contact Father Vlad at: msg.vladimir.felzmann@gmail.com or +44 (7810) 116 508





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